

JUNE NEWSLETTER



Huntingdon Neurotherapy Centre.

The home of the neurodivergent community and you. This is your local community hub with your very own garden. This building is open to you Monday, Tuesday, and Thursday from 09.00hrs-13.00hrs



Have you seen the new **Huntingdon Neurotherapy Centre** collection tins, would you like one for your home, office or

corner shop? Please ask at reception for more information.



On May 25th we celebrated our 21st birthday. The Huntingdon Mayor Cllr Karl Brockett and his wife Julie,

did the honours of cutting the ribbon and unveiling a new plaque made by Becky Vandanzig. You will find this plaque



near the main entrance.



Tim Barke, our chairman of the trustees, gave our dignitaries the grand tour of the centre and explained all about

the history and future plans for the centre



We had lots of volunteers helping at the event including our very own trustee Sam Hollis, looking after all the children. Each child that entered received a balloon of their choice, plus a party bag filled with goodies.

Glitter Queens provided free facepainting to everyone who wanted a bit of sparkle to their faces.



T.S. Cromwell Sea Cadets were on hand with co-hosting this event, as Anna was rather busy making bacon rolls in the kitchen. One of the attractions

outside was a bright yellow TR7. The owner let children sit in her car and have photos taken for a donation for the centre



Music was provided by Back Street Entertainment and White Heat Classic Rock. These guys will be retuning for the 21st September Motorbike event.

Did you know that here at the



Huntingdon Neurotherapy Centre we have a Hyperbaric Chamber that you could use. Do you have a neurological issue, a respiratory issue, long term covid, diabetes, or even a

sporting injury? Many injuries and illnesses result in a disruption of oxygen-rich blood, being able to travel to affected areas of the body. The body needs oxygen to heal itself. For example, diabetes can cause poor circulation, which makes it more difficult for oxygen-rich red blood cells to reach damaged tissue. This results in slow-to-heal injuries and wounds that are at high risk of infection. HBOT helps to boost oxygen levels in your blood.

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The **Huntingdon Neurotherapy Centre** would like to invite you to try **Geannas** café. This cafe is open to you every Monday, Tuesday and Thursday, between 09.00 and 13.00hrs. There is home made sausage rolls, freshly made muffins or even a full breakfast*. There is also Vegetable soups that George has made, both the chunky variety and also the smooth Carrot and Coriander. This months special is the meatballs in tomato sauce with pasta. Give it a go, it is amazing. *Breakfasts are available from 09.00hrs to 12.00hrs*



Neurotherapy Centre Karen offers pedicure and manicure, tinting, waxing and body massages. Her knowledge of the muscles, tissue, ligaments and tendons within the body is out of this world. I have personally had a massage from Karen and would totally recommend giving her a try. Please make an appointment with her on 07761 302605



Do you have a few hours to help with maintenance, assisting in the kitchen, administration and training to operate the Hyperbaric Chamber. Volunteers play an important role in any charity. Would you like to be part of the team?



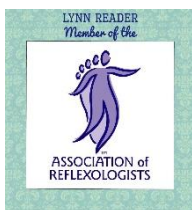
Sarah teaches Chair based Fitness Pilates and exercise on a Monday and Thursday at 11.00hrs. A class for Parkinson Sufferers on a Tuesday and Thursday at 13.00hrs.

For more information please look at our **Huntingdon Neurotherapy Centre** notice board.



Wendy Hall BSc (Hons) will be available as your Chiropodist and Podiatrist as of Tuesday June 11th at The **Huntingdon Neurotherapy Centre**.

She takes online bookings as well as phone bookings. Her contact details can be found on the Therapy Centre Notice board.



Lyn Reader MAR has a room in the centre and provides Reflexology treatment. Many people ask what is reflexology and how does it help me? Reflexology is the massaging of the hands and feet and can help with easing stress and tension. If you would like to learn more about Reflexology or to have treatment from Lyn, please call her on 07985 407129.



'BeautifulByKaren' can be found in therapy room 1 every other Monday here at the **Huntingdon**

SPECIAL OCCASIONS

June Birthdays

- 3rd Andrea Percy
- 3rd John Bushell
- 6th Anita Nitsche
- 8th Deb Stevens
- 13th Jane Coffin

UPCOMING EVENTS

- 14th BINGO
- 22nd Annual BBQ Garden party at The Paddock Sawtry. Tickets available from reception
- 28th BINGO
- 30th Craft Car Boot Sale co-hosted by the T.S Cromwell Sea Cadets

August 2024

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All memberships are now ready to be renewed. Membership Fees are:

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£2.00 social plus £1.00 entry fee £50.00 Full membership plus discount on Chamber use.

Please register now at reception

Would you like a monthly newsletter emailed to you? Please leave your details at reception and we will get one over to you on a regular basis