

Geanna's Cafe & Winter Warm Hub



Will be back in October 2026, with new food for the coming autumn and winter months. With a new menu each Thursday.

Volunteers Needed!



We're looking for volunteers to help with a deep cleaning of the kitchen.

Volunteers wanting to do Level 2 Food Health & Hygiene will have the course paid for by the Centre.

To find out more, email info@huntsneuro.org.

Website Update

We are doing a much-needed update on our website. Please bear with us as it is a big job that is taking time to get through.

Mayoral Events 2026 – 2027

Bingo and Quiz Nights

Month	Event	Venue	Time
September 7th	Quiz Night	Huntingdon Neuro Centre	18.00 hrs/6pm
September 12 th	Bingo	Coneygear Centre	18.00 hrs
October 10th	Bingo	Coneygear Centre	18.00 hrs
October 26th	Quiz Night	Huntingdon Neuro Centre	18.00 hrs
November 14th	Bingo	Huntingdon Neuro Centre	18.00 hrs
December 5th	Bingo	Coneygear Centre	18.00 hrs
11th January 2027	Quiz Night	Huntingdon Neuro Centre	18.00 hrs
6th February 2027	Bingo	Coneygear Centre	18.00 hrs
15th March 2027	Quiz Night	Huntingdon Neuro Centre	18.00 hrs

Garden

Ricky, thank you so much for your hard work on the raised beds in the garden. You're an absolute star for doing this. And a massive thank you to everyone at Prestige Pipelaying in March, for making this happen. The garden is going to make such a difference to so many people.

Siobhan and Dominic, thank you so much for bringing your garden knowledge and dedication to the Neurotherapy Centre. I cannot wait to help bring your vision to life. I'm glad I was able to facilitate such amazing supplies.

Anna, thank you for making my veterans so welcome and providing a place where they feel seen, heard, and safe. Knowing my veterans turned up to help makes me very happy.

Together, with Sow to Grow, you have all demonstrated the power and strength in community irrelevant of status or circumstance. What a gift!

Fundraiser

A fundraiser hosted by the BRJ Club on behalf of Huntingdon Neurotherapy Centre on Friday 4th September at the Huntingdon Neurotherapy Centre was a success.

We welcome them back soon, new date to be confirmed.



BRJ Club

A big thank you to the BRJ club for making us their charity of the year. They have raised £998 through Just Giving and £150 through a bake sale.

Sarah Classes – Chair Based Exercise!

Looking for a fun way to stay active?

Sarah's Chair-Based Exercise classes are suitable for all abilities, with seated and standing options available. Every session is designed to improve movement, confidence and well-being in a relaxed, friendly environment.

Individual prices per session (Cash only).

For further information contact Sarah on thrivewithsarah@gmail.com or phone 07712658001

TAI CHI & QI GONG

Find your balance at Bradbury House: Looking for a gentle way to improve your wellbeing? Join experienced instructor Thelma for Tai Chi & Qi Gong class at the Huntingdon Neurotherapy Centre.

The classes are fully flexible, featuring both seated and standing postures, making them perfect for rehabilitation, recovery, or simply enjoying gentle exercise.

Drop-in sessions when you want – No booking required - pay-as-you-go.

Just £5 per class.

Class Times: Mondays: 1:30pm – 2:30pm (New group, all levels welcome)

Thursdays: 12:15pm – 1:15pm (All levels)

For more information, contact Thelma directly on **07737 354332**.

SPECIAL OCCASIONS – Happy Birthday!

Name	Date
Eliza Feller	1 st September
Mel Stanton	1 st September
Vijay Babu	2 nd September
Fran Charman	14 th September
Harry Durrant	14 th September
Brenda Copping	15 th September
Anna Beadsley	16 th September
Frances Hinton	18 th September
Kelly Davies	19 th September
Tracey Coulson	20 th September
Tina Smith	21 st September
Alex Wilson	27 th September
Owen Rawlings	28 th September
Clive Micklefield	28 th September
Peter Robinson	30 th September

UPCOMING EVENTS – October 2026:

B&Q volunteer painting party for the centre on Friday 9th October 2026

Halloween Tea Party –details online and in the centre.

Paint & Sip – Saturday 10th October @ 5pm details online.