NOVEMBER 2026 NEWSLETTER

HUNTINGDON NEUROTHERAPY CENTRE | NEWSLETTER

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In Loving Memory



It is with great sadness that we were informed of two sudden passings.
Sue Higgins much loved wife, best friend and soul mate of Stuart Higgins and volunteer of the Huntingdon Neurotherapy Centre, passed away . Sue joined us 23rd January 2024 to help George in the kitchen, she would help in the reception. Sue also used the Hyperbaric Oxygen Therapy Chamber. Sue and her husband Stuart would enjoy coming to play bingo at the centre. She loved spending time with Stuart by going to their caravan. Sue was always a joyful person, and was loved by many. She will be greatly missed by all who use the Centre.

Soon followed by the passing of Dean Hinton loving husband of Fran. Both served in the RAF where Dean was a Qualified Dog Handler. He would talk about his time in the RAF which we all found fascinating. Dean also did the Remembrance Parade at Westminster and was famous on the TV. He also liked that the centre was now supporting the Armed Forces. Dean was a frequent user of the centre, he enjoyed going to Sarah's Classes and mixing with others.
Dean's funeral/cremation will be held on Tuesday 17 November 2026 at 12pm at Huntingdon Cemetery & Crematorium, Sapley Road, Kings Ripton, Huntingdon PE29 2NX. Thereafter to The Elm, Moat Lane, Abbots Ripton, Huntingdon PE28 2PD. Dean has requested respectful dress by no black except ties. Family flowers only and any donations will be made to charities chosen by Dean and Fran. For catering purposes, it is requested that people let Fran know by email: franhinton@sky.com as soon as possible.

Halloween Tea Party

We had a very cosy, successful Halloween tea party,



which wouldn't have happened without the support and effort of George, Kyle, Pauline, Chritine, Andrena, and John. Without their food, helping hands with laying the tables, plating and serving the food made by George, Kyle and Elaine from Cottage Cakes and Cookies.

With a varied spread of scones, finger sandwiches, sausage rolls (famous in the centre), lemon drizzle cake, cookies, banana cake, tea and coffee flowed freely.
We had the pleasure of our new patrons Dr/Councilor Shabina Asad Qayyum, Karl and Julie Brockett, and Leon Edmond who were very enthusiastic about meeting those who attended and being a part of the tea party.
We also held an auction of a four people Golf Day at the Brampton Park Golf Club, a signed photograph of Sir Geoff Hurst England footballer, a signed photograph of Philip 'The Power' Taylor darts champion and a very beautiful chocolate cake from Cake inn.

Oxygen Chamber

We learned during the yearly check-up our Chamber had a blocked sprinkler pipe this was diagnosed and dealt with as soon as both the part and the workers were available. The safety of our users, chamber operators and the centre are always at the forefront of everything we do.

Christmas Buffet

With the days flying by it is almost that time of year to crack open the crackers and don those Christmas jumpers. Anyone with dietary requirements whether allergies, vegan, vegetarian or meat lover please contact us by the end of November so we can cater for everyone. There are ten places left @ £15 per person payable at the centre by card or cash.

Big Thank You



A huge thank you to everyone who joined in both the Garden and Paint as well as the Bap and paint without the wonderful crew from Huntingdon B&Q along with the volunteers the upgrade to the Oxygen Chamber room and painting would have taken a lot longer to be finished. There are still some parts that need painting which will be taken care of during November.

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Volunteers Needed

Volunteers wanting to do Level 2 Food Health & Hygiene will have the course paid for by the Centre.
Social Media volunteer looking after our social media accounts.
To find out more, email info@huntsneuro.org.

News from the Patrons

With the success of the Halloween tea party and their enthusiasm for what the centre can do not only for Huntingdon but the surrounding areas they are looking forward to promoting the centre and having more events such as BBQ's, tea parties, community groups and the public. We look forward to their support through their wider work for their communities.

Memberships

There is a new way to pay for both Full and Social memberships, both can now be paid in full, split into two payments a year or £5 per month for ten months by standing order for full membership or £3 per month for ten months by standing order for social membership.

Mayoral Events 2026 – 2027

Bingo and Quiz Nights

Month	Event	Venue	Time
November 14th	Bingo	Huntingdon Neuro Centre	18.00 hrs.
December 5th	Bingo	Coneygear Centre	18.00 hrs.
11th January 2027	Quiz Night	Huntingdon Neuro Centre	18.00 hrs.

SPECIAL OCCASIONS – Happy Birthday!

Name	Date
Samantha Dale	3rd November
Georgina Veale	7th November
Maggie Smith	8th November
Margo Goldspink	13th November
John Taylor	14th November
Nikki Turner	16th November
Maria Sweeney	18th November
Steven Gregoire	18th November
Jayson Reed	25th November

Sarah Classes – Chair Based Exercise!

Looking for a fun way to stay active? Sarah's Chair-Based Exercise classes are suitable for all abilities, with seated and standing options available. Every session is designed to improve movement, confidence and well-being in a relaxed, friendly environment.
Individual prices per session (Cash only).
For further information contact Sarah on thrivewithsarahg@gmail.com or phone 07712658001

TAI CHI & QI GONG

Find your balance at Bradbury House: Join experienced instructor Thelma for Tai Chi & Qi Gong class at the Huntingdon Neurotherapy Centre.
The classes are fully flexible, featuring both seated and standing postures, making them perfect for rehabilitation, recovery, or simply enjoying gentle exercise.
Drop-in sessions – No booking available pay-as-you-go.
Just £5 per class.
Class Times: Mondays: 1:30pm – 2:30pm (New group, all levels welcome)
Thursdays: 12:15pm – 1:15pm (All levels)
Contact Thelma directly on 07737 354332.

Hyperbaric Oxygen Therapy Chamber

We are pleased to promote the oxygen therapy sessions on the following days and times:

Day	Depth	Time
Monday	24ft	09.30am
Monday	16.5ft	11.30am
Tuesday	33ft	10.00am
Tuesday	16.5ft	12.15pm
Thursday	33ft	10.00am
Thursday	24ft	12.15pm
Saturday	16.5ft	09.30am
Saturday	24ft	11.30am
Saturday	33ft	13.30pm

New users start at 16.5ft with an experienced user sitting in. You can either drop in during our opening hours Monday, Tuesday and Thursday 09.00am to 14.30pm, ring on 01480 458 688 or email: oxygentherapybooking1@huntsneuro.org

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